



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

International Postgraduate Student Orientation

2 September 2024

Trinity Global Experience Team
Trinity Global

Welcome

selamat datang
degemer mad
tere tulemast
dobrodošli
karibuni
murakaza neza
chào mừng
ようこそ
тавтай морилогтун
benvenuti
vekömö
ékabô
eguahé porá
ngiyanemukela

환영합니다
benvinguts
tervetuloa
benvido
mikouabô
bem-vindos
laipni lūdzam
welkom
❏❏❏
xush kelibsiz
willkommen
karibu
bine aṭi venit
добре дошли

wëllkom
καλῶς ἤρθατε
fáilte
ਜੀ ਆਇਆ ਨੂੰ
bienvenue
velkomin
sveiki atvykę
tonga soa
mishto-avilian tú
歡迎
добро пожаловать
aayuboovan
nodé
шчыра запрашаем

mirë se vini
zupinje z te videtite
bienvéni
merḥba
üdvözlöm
welkom
maligayang pagdating
miawezon
witamy
bienvenidos
swagata
स्वागत
добрэдојдовте
kenang ka kgotso

المرحب والدا
bonavinuta
boyeyi bolamu
歡迎光臨
ne y waoongo
välkomna
מאבה מיכורב
mauya
ຍິນດີຕ້ອນຮັບ
mirë se vjen
maayong pag-abot
Üdvözlet
soo dhowow
hoş geldiniz

Today's session

1. International Student Support at Trinity
2. Events at Global Room
3. Immigration and visas
4. Bank Accounts
5. Working and PPS number
6. Health Insurance
7. Safety
8. Staying connected
9. Q & A



Irish language ice-breaker

English

Good Morning

What is your name?

Sean is my name!

A hundred thousand welcomes!

How are you?

I am good

Hello

Thank you

Goodbye

Irish

Maidin mhaith

Cad is ainm duit?

Sean is ainm dom

Cead míle fáilte romhat!

Conas atá tu?

Tá mé go mhaith

Dia Dhuit

Go raibh maith agat Slán

Slán

Pronounced

Modjin mot

Cod iss annim dwit

Sean is annim dum

Kade meela fail-cheh row-itt

Cun-us ah-taw two

Taw may guh mot

Dee-ah gwit

Guh rev mah agut

Slawn





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The University of Dublin



The Global Room

Here to help you

Global Room
Student Space and
International Student
Support Hub

TRINITY

GLOBAL

ROOM



A Home Away From Home...



Trinity Global Experience Team



Louise Staunton >
Associate Director - Trinity Global Experience
Email: lstaunto@tcd.ie



Michelle Hogan >
International Student Liaison Officer
Email: HOGANM9@tcd.ie



Zhilong Wang >
Immigration and Support Officer
Email: WANGZ12@tcd.ie



Rachael O'Malley
Engagement Officer
✉ rachael.omalley@tcd.ie



Hugo Mascena
Global Room Administrator



Lassane Ouedraogo
University of Sanctuary Support Officer
✉ lassane.ouedraogo@tcd.ie

Global Officer Team



Catherine McDonald

Global Officer, School of Computer Science and Statistics



Erin Paullin



Gráinne Curistan



Wen Liu

Global Officer, Schools of Chemistry and Physics



Chloe O'Connor



Catherine McDonald School of Computer Science & Statistics

Erin Paulin, School of Psychology and School of Social Work and Social Policy

Grainne Curistan, School of Nursing & Midwifery

Wen Liu, School of Physics and School of Chemistry

Chloe O'Connor, School of Engineering



TRINITY GLOBAL ROOM



INTERNATIONAL STUDENT SUPPORTS

The supports we offer include:

- ✓ General student queries
- ✓ Meet & Greet/New 2 Dublin
- ✓ Advice on immigration
- ✓ Support in opening a bank account
- ✓ Information about health insurance
- ✓ Advice on getting a SIM card
- ✓ Organise & facilitate student events
- ✓ Coffee, tea, and chats

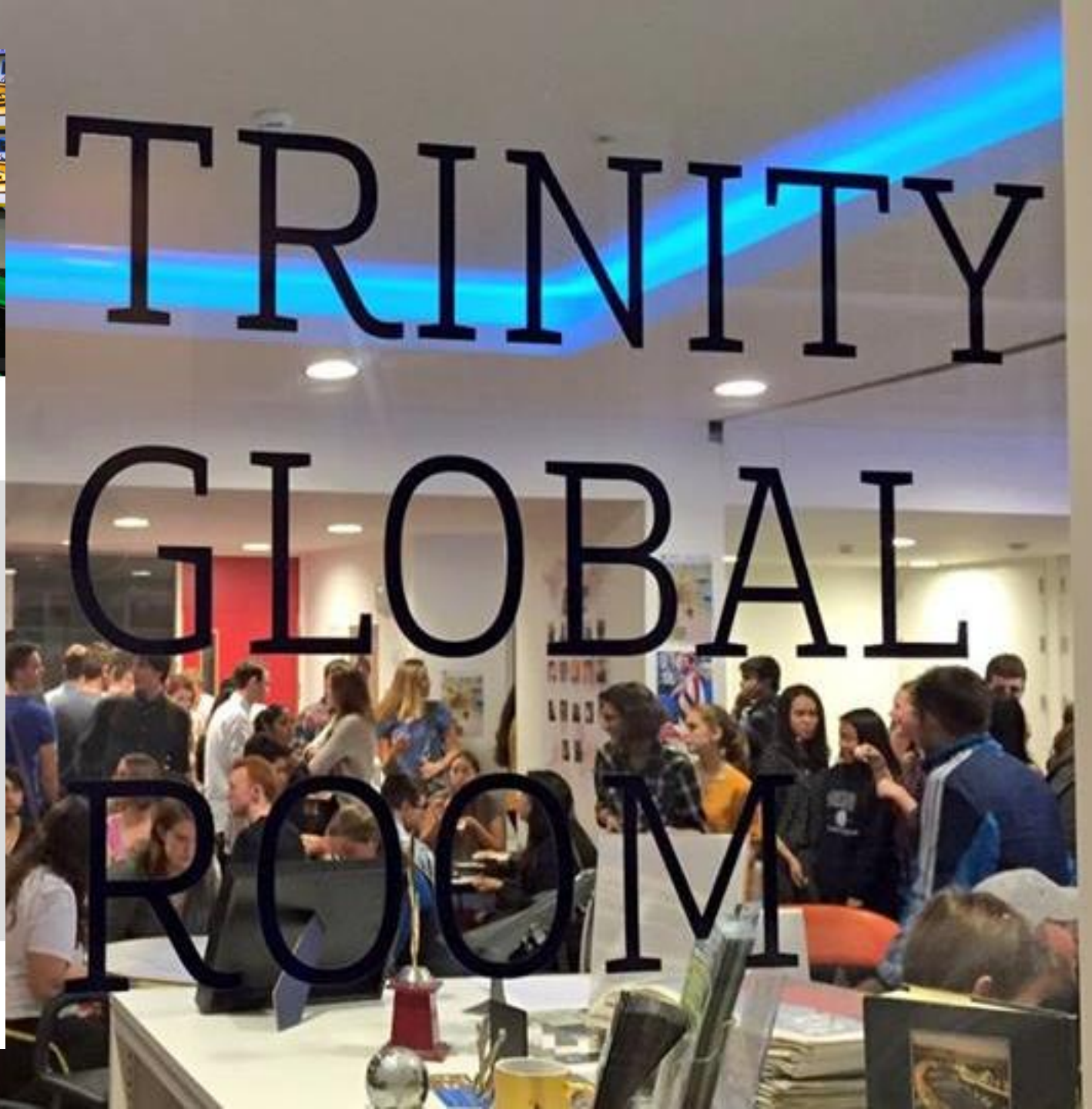
☎ (01) 896 2097

🏠 1st Floor, Hamilton Building

✉ TCDGlobalRoom@tcd.ie



Global Room



Student Ambassador Team



Abbie Mallaghan
BESS Ireland



Ada Odemena
BESS Nigeria and Ireland



Ailbhe Elizabeth Noonan
English Studies with French Ireland



Alejandro Carretero Álvarez



Amulya Sanagavaram
BESS India



Anna Offergeld
Law Germany



Iulia Negreanu
Biological and Biomedical
Sciences Romania



Iulia-Mara Scarlat
Psychology Romania



James Doyle
European Studies Ireland



Javier Noriega Molina
Music Spain



Jessie Wang (Jiaxun)
Biochemistry China



Jimena Álvarez
PPES Peru



Ava Urquidez
PPES USA



Carolin Malenborn
Environmental Science and
Engineering Germany



Daisy Gambles
Drama and Theatre Studies Ireland



Divyum Singhal
Engineering India



Eduarda Werneck
PPES Brazil



Eimear Kennedy
MSSIS Irish



Ka Yi Liu
Computer Science China



Kate Connoni
Biomed USA



Katherine Carrig
Computer Science USA



Leah Kiernan
Computer Science Britain



Leila Gina Bagnulo
Middle Eastern Studies UAE-USA



Maya Koka
Philosophy USA



Eryn Gold
HistPol Britain



Eva Carthy
European Studies Ireland



Gabriela Gazaniga
Law USA



Hui Ern Tan
Medicine Malaysia



Isabella Irving
Biomedical Engineering USA



Isobel Duffy
Middle Eastern Studies Ireland



Melina Rozezhkhan
MEELC Germany-Iran



Michael Doyle
History & French Ireland



Mihai Mesteru
Electronic Engineering
Ireland-Romania



Mylana Bulat
Computer Science Ukraine



Nehal Batra
Computer Science India



Saloni Khosla
Economics & Maths India



Shannon Dent
Computer Science Ecuador



Shengxin Chen (Sean)
Computer Science China



Sofia Balas
BESS Spain-Italy



Steve Thomas
CSB India



Riya Singh
Global Business Indian



Varsha Rajagopal
Medicine India-Botswana



Vinnie Hourihane
BESS Ireland



Yukari Ariyama
BESS Japan



Zoya Kherani
Law & Business India

Student Ambassador Team

- 40+ International and Irish Students
- Advise peer students before and after arrival
- Email: tcdglobalroom@tcd.ie
- Postgraduate Ambassador recruitment coming up – watch our socials!



2. Events at the Global Room Orientation Week events – Postgraduate Students

- **Speed friending 2-3 and 3-4 pm
September 3**
- **Pizza night, 6-8pm, September 5**
- **Postgraduate Breakfast : 10am- 12pm,
September 6**





Coming soon..

NEW 2 DUBLIN

ARE YOU NEW 2 DUBLIN?

Then join us **every wednesday** for a chance to gather all the essential tips our ambassadors have to offer and meet new amazing people.

- Yummy free food in every session 🍕
- Games and prizes 🎁
- Many fun activities 🎉
- Insights from our student ambassadors 💡

& so much more !!

SIGN UP FOR FREE USING THE LINK IN OUR BIO

Sep
25

Living in Dublin

Explore what it is like to live in this city

Trinity 101

Learn everything about the university

Oct
2

Oct
9

Societies & Sports

Best extracurriculars to do

How 2 Reading Week

What to do in or out of Dublin

Oct
16

Oct
30

Smart Budgeting

Students guide to save money

Health & Well being

Tips and tricks to stay healthy

Nov
6

Nov
13

Wrap up

A recap of all N2D and our exam tips



@tcdglobalroom - Watch for updates!

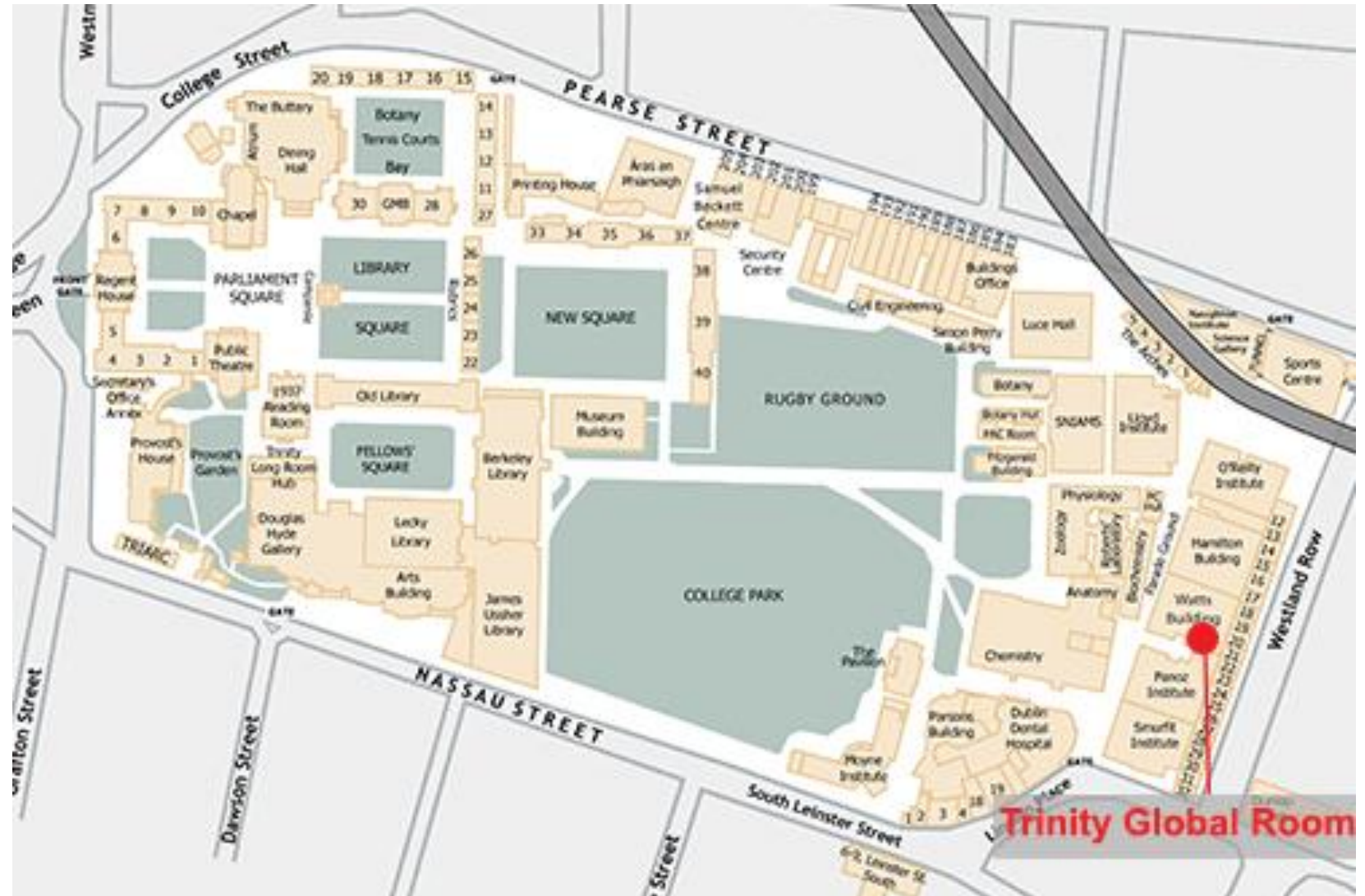
Global Room: Where we are

Location: 1st Floor, Watts Building
(beside Academic Registry)

**Open in person –
Monday-Friday, 10am-9pm (in term)**

Email: tcdglobalroom@tcd.ie

**Make an appointment with one of
our team or drop in**



3. Immigration

A. Immigration Registration

- Application process & Required documents
- Obtaining appointments
- IRP

B. Traveling advice

- Schengen Visa
- UK visa

C. Immigration Clinics



Making an appointment with Immigration Service Delivery (ISD) – for Non-EU students

Prepare documents below:

- If you are resident in Dublin, Kildare, Meath, Wicklow, Cork or Limerick and wish to register a permission for the first time you can book an appointment by calling your appointment. (You should also call this number if you need to reschedule or cancel your appointment.)
- Please make sure you have your passport details and a valid email address to share with the customer service representative when you call.
- Freephone 1800 800 630 via an Irish number.
- Operators are available between 9 a.m. and 5 p.m. Monday-Friday to take your call and book

<https://www.irishimmigration.ie/burgh-quay-appointments/>



Day of your ISD appointment

- Valid Passport
- Proof of Registration*
- Proof of Fees Paid*
- All non-VISA required students will be required to show evidence that they have access to at least €4500 per year of their studies. If the duration of the course is less than 6 months, they must have access to €500 per month of their stay or €3,000, whichever is the lesser.
- Proof of Health Insurance, policy document is required
- €300 Fee (No cash accepted. Credit card or debit card)

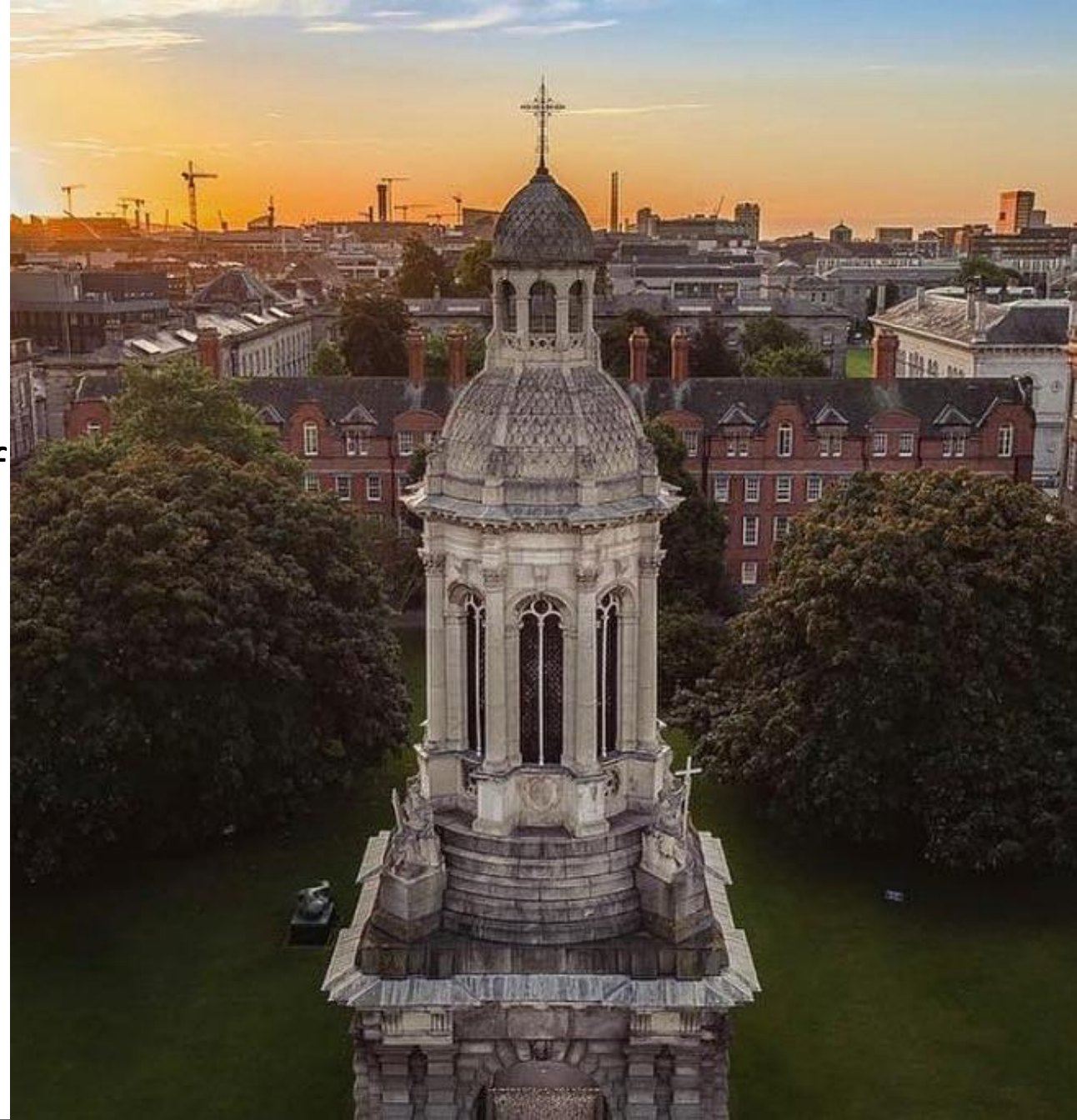
*Proof of registration and proof of fees paid are in the same letter and can be generated and printed from your student portal (my.tcd.ie)

<https://www.irishimmigration.ie/required-documents/#stamp2>



Proof of Registration Letter

- Log on to my.tcd.ie portal
- Click on the 'Registration tab' for options of letters to print
- Click on 'Confirmation of Registration'
- Go to 'Intray' on the home tab.
- Your letter will be in your 'New Intray' or 'All intray messages'
- Click 'Proof of Registration' to open and print the file.



Immigration Registration (other counties)

- Students living outside of Dublin, Kildare, Meath, Wicklow, Cork or Limerick must register with their nearest registration office
- Regional registration offices are managed by An Garda Síochána
- Same documents required as with registration in Dublin
- Students are to contact their local Garda Station to confirm requirements and check opening hours
- Main Registration Offices outside Dublin:
<https://www.irishimmigration.ie/registering-your-immigration-permission/how-to-register-your-immigration-permission-for-the-first-time/information-on-registering-if-living-outside-of-dublin/>



Entry visas for other countries

If you are planning to take a trip outside of Ireland:

- Check the visa requirements of the country you are going to
- Ensure you allow sufficient time to apply for your visa,
- Check if there are travel advisories or any restrictions before you travel:

<https://www.dfa.ie/travel/>



Schengen Visa

- 29 European countries, make sure you apply to the right embassy
- Requirements, check with the Embassy you're applying to, most common documents required include:
- Passport, Passport photo, Application form, Application fee, IRP card valid for at least 3 months after your trip, travel medical insurance, Proof of registration, Bookings (flights and accommodation), Bank statement etc

Further details - please check the relevant country's embassy website.

Make The Schengen Visa Appointment in advance!!!



UK Visa (incl. Northern Ireland)

Complete online application form, answer all questions, pay the fees, make an appointment with TLS visa centre, attend the appointment for fingerprint and photo in the visa centre, wait for the visa.

Documents needed (uploading):

- Travel insurance
- Bank statement (6 months)
- Proof of registration (from my.tcd.ie or Academic Registry)
- Proof of address
- Scan of passport biometric page etc.

If you are a visa-required national for the UK, it is essential to be aware that you will need to obtain a separate UK visa specifically for entry into Northern Ireland.

www.gov.uk/standard-visitor/apply-standard-visitor-visa



Global Room Immigration Clinics

- Get answers to your immigration questions
- Tips on getting appointments
- Advice you on any immigration difficulties you may be having

Clinics about first time registration, renewals, third level graduate scheme: In person (Global Room) or on Zoom.

Private meetings can be arranged too!

Email: Immigration and Support Officer, Zhilong Wang at WANGZ12@tcd.ie to set up meetings or ask any queries.



4. Opening a Student Bank Account

All non-EU students need to open a bank account
Necessary to have Irish bank account for
immigration purposes

Banking Options:

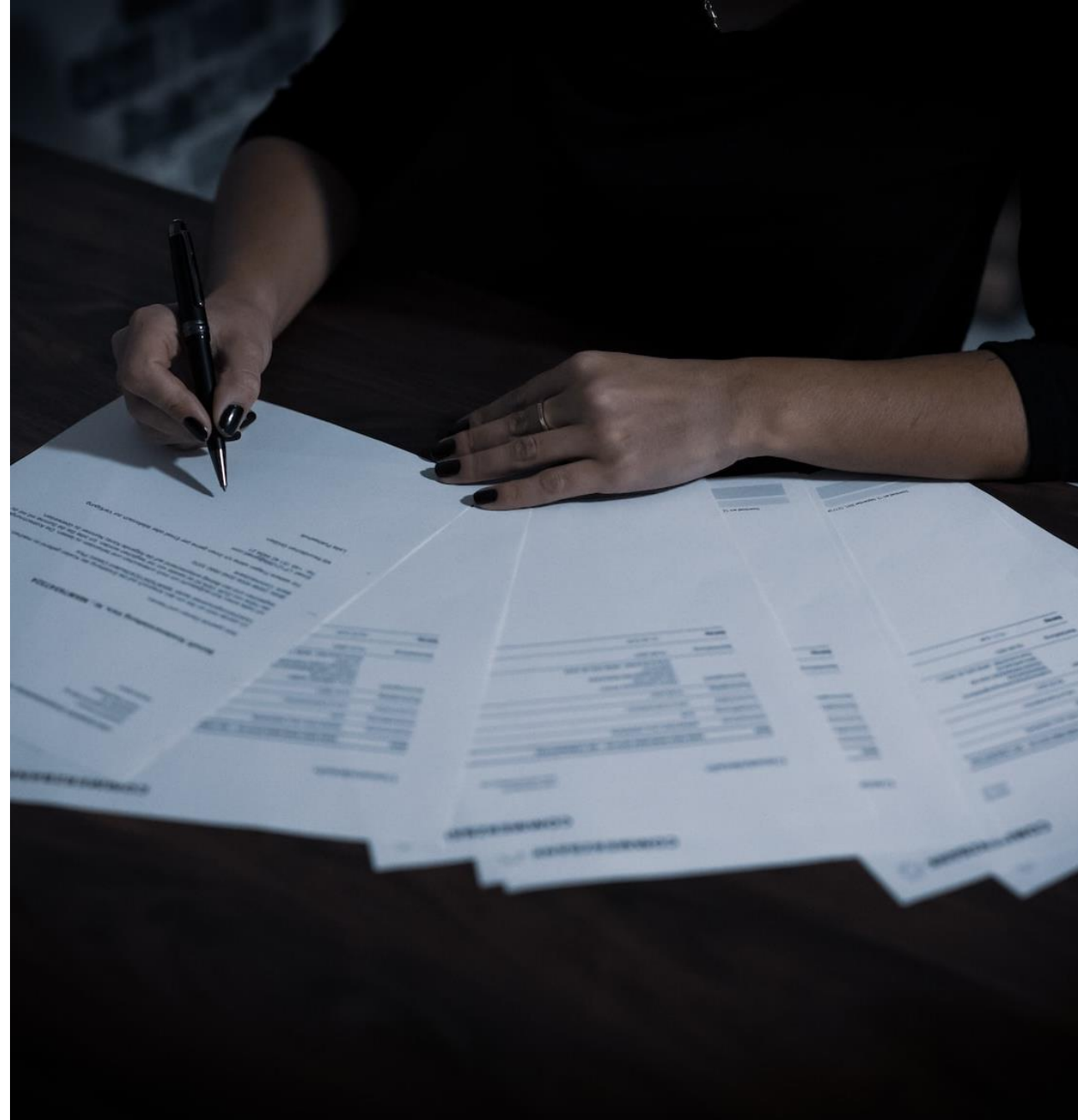
- **Allied Irish Bank (AIB):** www.aib.ie
- **Revolut:** www.revolut.com
- **Bank of Ireland (BOI):** www.boi.ie
- **Money Jar:** <https://moneyjar.world/> (Money Jar - Student Onboarding TCD code 89610) * (Can open before arrival and permanent Ireland address is not required)



Opening Requirements

Documents that may be required to open a bank account:

- Proof of address in Ireland: Letter can be obtained from Academic Registry.
- Proof of ID: Passport.
- Bank Statement from your home country
- Other documents depending on each bank and students' nationality



Note

- Allow time for your account to become active
- If you will be under 18 at the time of opening your bank account, you will need a guardian to accompany you to open a bank account
- When securing private accommodation, most letting agents and landlords will accept cash or bank draft (which you can obtain with a foreign debit card or cash in an Irish bank) for the first month's rent and security deposit, as long as you set up direct debit from an Irish account as soon as possible after opening your new bank account



5. Non-EU student work rights

- **Non-EU Students** attending a full degree full-time course with an Irish Residence Permit (IRP) card are entitled to take up casual employment
 - Non-EU citizens must register with Immigration Service Delivery (ISD) before commencing employment
 - 20 hours during term time, and 40 hours during December 15 to January 15 and June 1 to September 30 only
 - The right to work lapses automatically on expiry of immigration permission
- **EU passport-holders:** Have the same rights to work as Irish citizens
- **Note:** Single semester Non-EU study abroad students are not permitted to work in Ireland.



How to get a PPS number

- A Personal Public Service (PPS) number is a unique reference number that everyone who works in Ireland must have
- It ensures that you can be registered with the Irish taxation authorities, known as the [Revenue Commissioners](#)
- Students will receive a PPS number only when you can show you have an offer to take up employment or need it to deal with a "[specified body](#)"
- To get a PPS number, you can apply online via email to the Department of Employment Affairs and Social Protection: <https://www.gov.ie/en/service/12e6de-get-a-personal-public-service-pps-number/>



What you need...

- A completed [application form](#) for the PPS Number.
- Evidence of your identity (passport)
- Evidence of why you need a PPS number allocated (e.g. job offer)
- Proof of your address. (Letter from Academic Registry or bank statement)

More info here:

<http://www.welfare.ie/en/Pages/PPSN.aspx>



Avoiding scams

Banking Scams/Fraud:

- Avoiding financial fraud and scams
- Stay informed and alert
- If in doubt, consult: www.fraudsmart.ie/

Accommodation/Rental Scams:

- [Consumer Protection:](http://www.ccpc.ie/consumers/housing/rental-accommodation-scams/)
www.ccpc.ie/consumers/housing/rental-accommodation-scams/
- Threshold: <https://threshold.ie/faq/how-to-spot-a-scam/>

Immigration Scams:

- www.irishimmigration.ie/scam-calls-renewed-notification/
- www.internationalstudents.ie/info-and-advice/know-your-rights/scams-and-fraud



6. Trinity Health Insurance

- Trinity Group Insurance Scheme for international students with **Irish Life**
- Designed specifically for international students
- Covers pre-existing conditions and the normal waiting period for cover is waived
- Cost of policies varies based on age
- **Scheme Number:** 20932 | **Scheme Name:** Trinity College Dublin Non-EU Students
- Then choose an insurance policy that suits your individual needs

Irish Life: www.irishlifehealth.ie



Irish Life Health



Or follow this link:

<https://www.irishlifehealth.ie/porta/l/mms/MemberMobilisations/signup/23jjASdoi4lgnHf81SSgqwrihnkn43sdnfkDnskl3K>



Trinity Health Insurance

Other insurance options:

- **VHI Healthcare:** www.vhi.ie
- **Laya Healthcare:** www.layahealthcare.ie
- **Study and Protect:** www.studyandprotect.com/unilanding.aspx





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7. Safety



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What is SafeZone?

This Trinity App increases the security and safety of students and staff while in a Trinity location. It provides immediate access to Trinity resources to provide assistance in cases of emergencies or when an alert is raised.

What is SafeZone used for?

SafeZone enables you to raise alerts (by pressing the emergency button on the App) or seek assistance when onsite in Trinity. Once an alert is raised, the user's location is shared with our security team who then respond. The App allows users to check-in for specific time periods and if they do not check-out within that period, an alert is automatically sent to security.

Further functionality will be delivered over the coming months, including sending Trinity notifications to our SafeZone registered students and staff.

How do I access SafeZone?

Just download the SafeZone app from the iOS or Android App stores, enter your TCD username and password, complete the registration form and you are good to go. You can opt to check in automatically (recommended) or manually check-in when required.



SafeZone

A **FREE** safety App



First Aid Call

For when you need medical assistance



Help

For when you need non-urgent assistance



Emergency

If you feel threatened or need urgent assistance



Download **SafeZone App** on



'Safety in the City' talk

17 September, 1-1.30 pm

Goldsmith Hall, Trinity

Speakers include:

Garda Community Liaison Officer

Open to all students

www.tcd.ie/students/orientation/



Free SIM Cards

- SIM Cards from 'Three' – free from Global Room
- Available for collection Monday-Friday anytime



Crossing cultures

- **Cultural adaptation**
- **Tips on understanding Irish culture, language, slang, humour and accents**

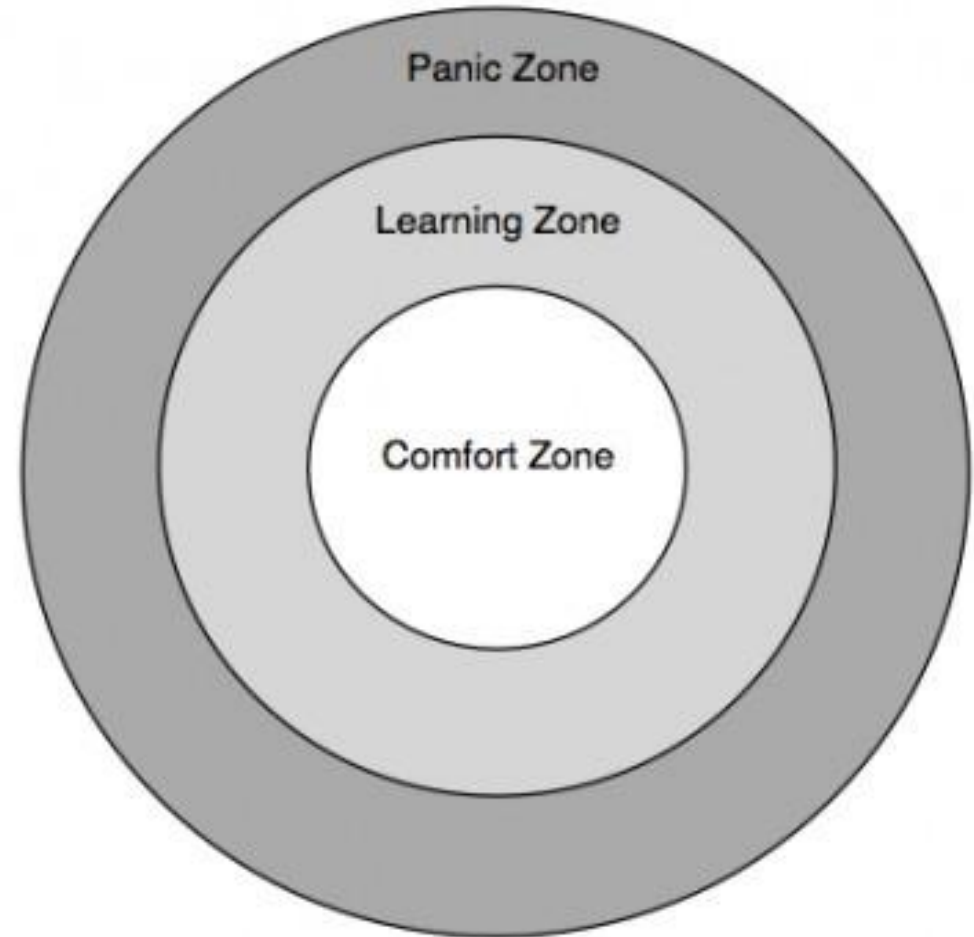


First step... You



**Think about your cultural
comfort zone...**

**... and that of those you interact
with**



“Global dexterity is about learning to adapt your behaviour across cultures – no matter what culture you come from, what culture you are going to, or the situation you find yourself in.”

Andy Molinsky (2013)



Next step... acclimatising to a new culture



Thinking about culture...

What is culture?

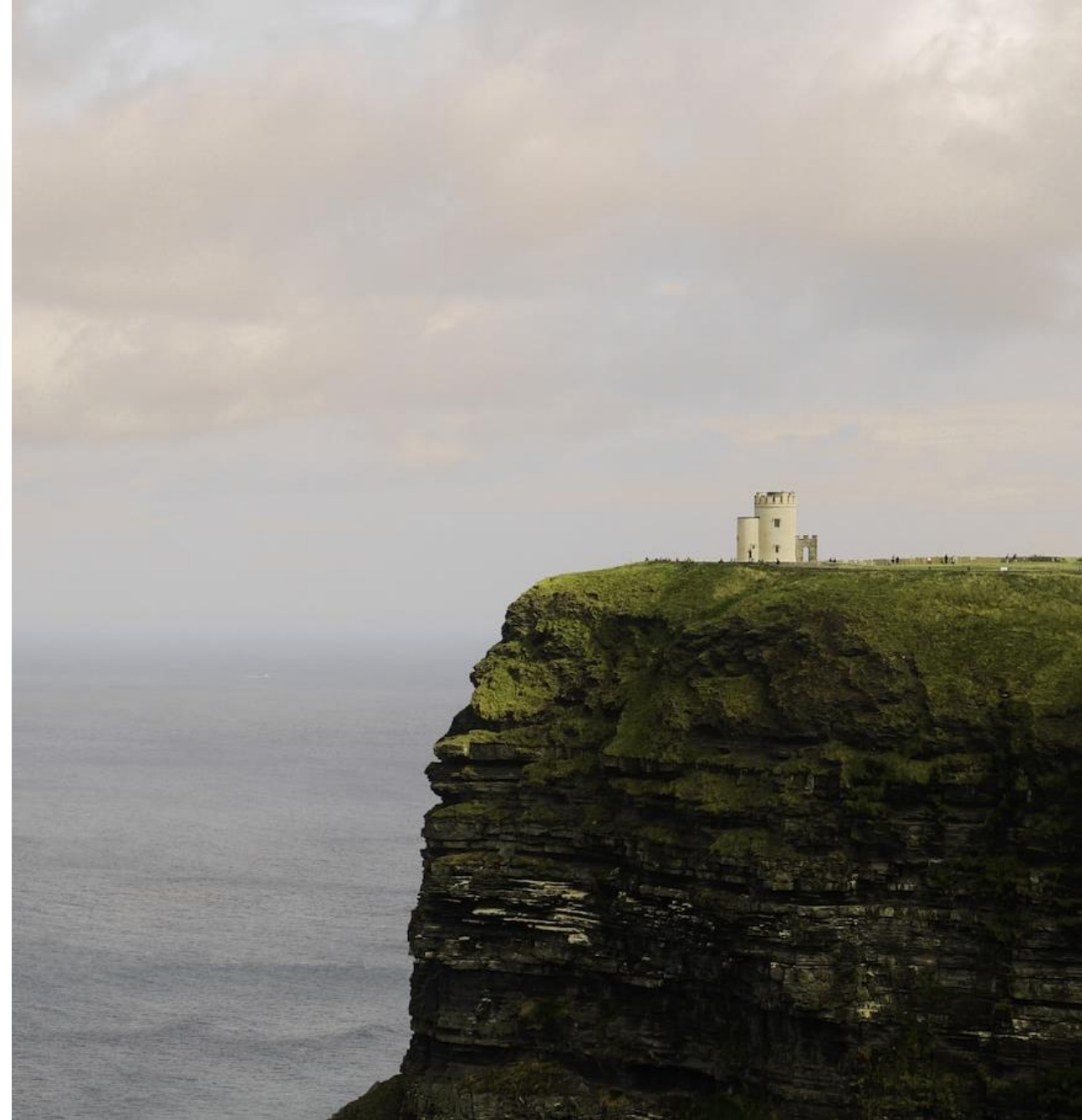


Adapting to Irish culture



Similarities and differences

- Expectations and first impressions
- Cultural differences in:
 - Everyday life
 - Language and communication styles
 - Slang and humour
- Differences in academic cultures
- Culture shock and homesickness



Cultural differences in everyday life

- Greetings
- Small talk
- Punctuality
- Socialising and role of the pub in Irish culture
- Humour and slagging
- Informality even in formal situations
- Queuing
- Friendliness



LANGUAGE & SLANG

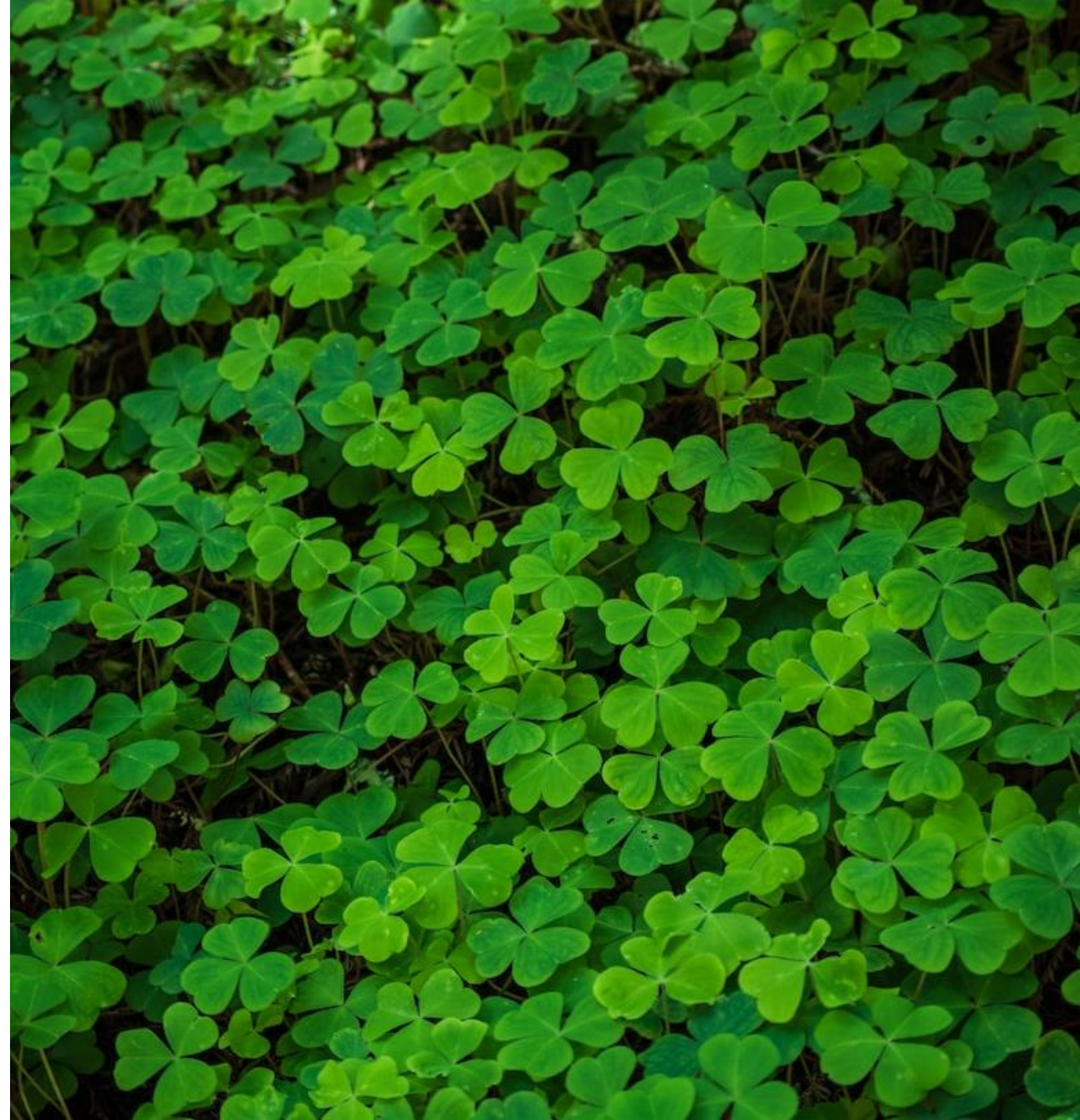
The types of thing we say...

Trinity slang

"Grand"
"Craic"
"Gas"
"Howaya"
"Fair play"
"Yoke"
"Not too bad"

Irish language decoder

- An Lár: city centre
- An Post: post office
- Fir: "men" - often used on bathroom doors
- Mná: (pronounced muh nah) "Women" (often used on bathroom doors)
- Gardaí - The Guards – the police



TCD Jargon Buster

Vocab:

- “College” – what we call Trinity
- Invigilator – an examination supervisor
- Provost – our College President
- Tutor
- Michaelmas and Hilary Terms
- Classes = Modules

www.tcd.ie/students/jargon-buster/



Different ways of communicating

- Indirect language - The Irish sometimes avoid saying "No" and being direct
- Eye contact
- Swearing
- Slang



Don't forget we speak
another language in
Ireland...

But we also have many
regional accents...



What to do if you are finding accents hard to understand...

It's ok to ask people:

- To repeat what they said
- To slow down
- To clarify or explain new words that you are not familiar with
- It takes time to get used to new accents



Culture shock and homesickness

- Culture Shock Curve
- Different phases of adjustment
- Studying internationally pushes your boundaries
- Becoming comfortable outside your comfort zone



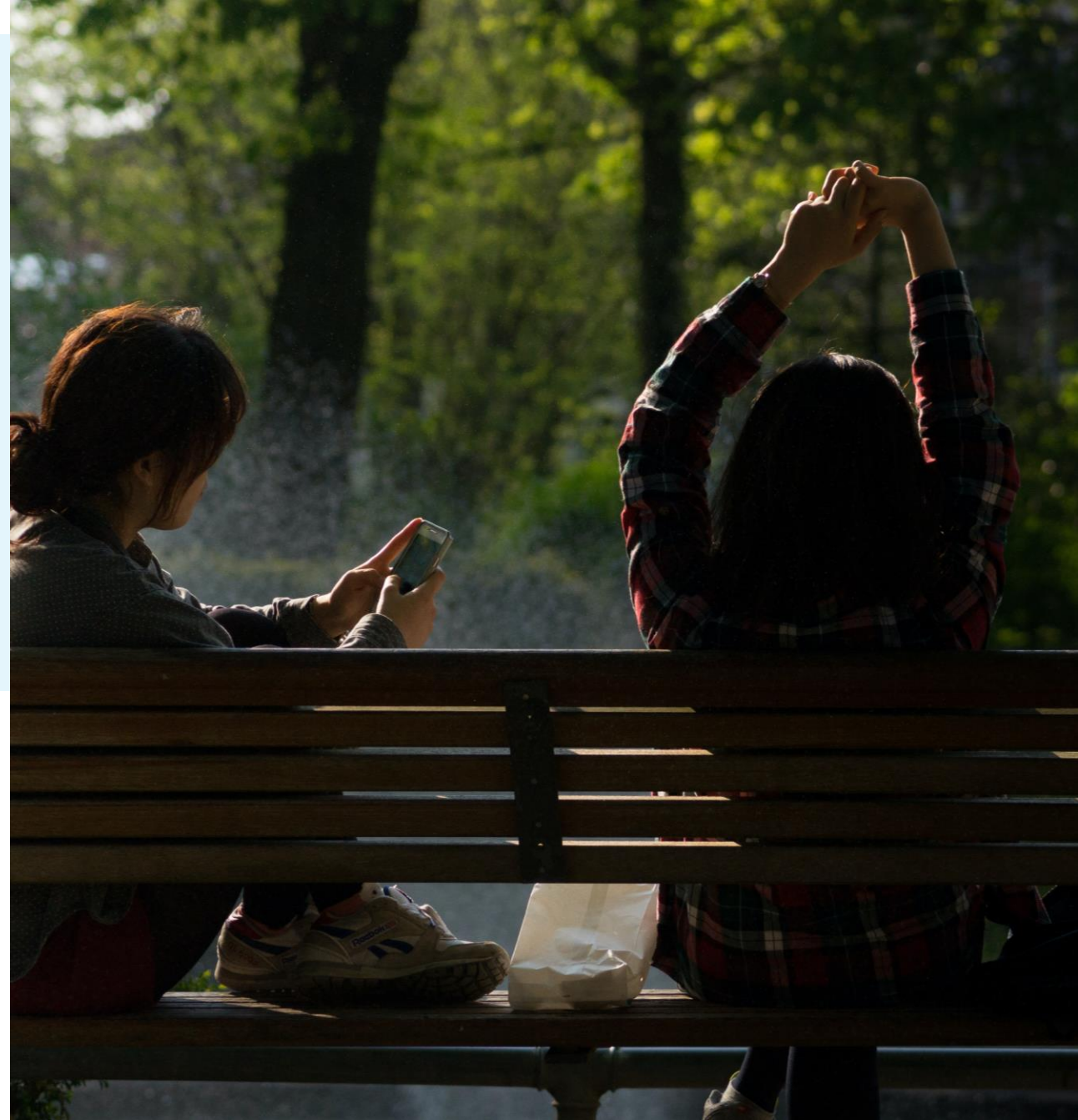
Coping with change and settling in

- Talk to new friends or to Trinity staff
- Get into a routine here
- Get support from home... but not too much - live in Ireland's time zone, not the one back home
- Take care of yourself, eat well and exercise
- Take the initiative - Go out and meet Irish people - Join college clubs and societies
- Immerse yourself in Irish life - read newspapers, watch Irish TV, social media



Goin'

Connecting your students



- Goin' to Trinity community app - Join via link
- Join and set up groups
- Meet your Trinity community

Goin App



Or follow this link:

<https://register.goinconnect.com/role-selection/94673>





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Be social



@TcdGlobalRoom

Orientation Hub

- Find the Global Room at the Orientation Hub, Exam Hall from 2-6 September
- Drop by and say hi





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Thank You. Any questions?

Good luck with your studies and have
a wonderful time at Trinity.



Email: tcdglobalroom@tcd.ie

www.tcd.ie/students/